

CAR FREE DAYS OUT EA07

... how to enjoy St Austell without the car!



Grid Ref
K:6



Readymoney Cove and Fowey Walk

A 2 mile walk suitable for all the family

How to get to Fowey without the car!
From the St Austell bus station take the First Number 25 or Western Greyhound No 524.

See grid ref 'K:6' on the St Austell Discovery Map

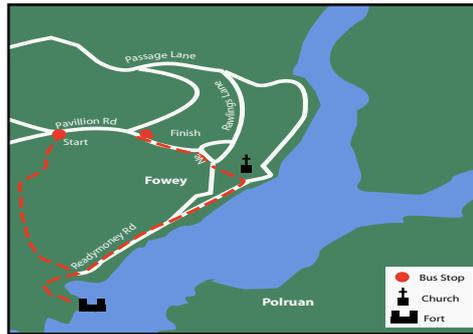


Readymoney Cove to Fowey Walk

2 mile walk ideal for all the family.

From St Austell Bus Station take either the Number 25 'First' bus or the Number 524 'Western Greyhound' to Fowey. Ask the bus driver to drop you off at Polvillion Road opposite the colourful bus shelter near Lankelly lane. The bus shelter is decorated every few months by the owner of Pinky Murphy's Cafe on North Street in the town centre of Fowey, which is just as quirky and well worth a visit!

If you are facing the colourful bus shelter turn left to walk a short distance before you see a public footpath sign on the same side of the road as the bus shelter. This beautiful public footpath, otherwise known as St. Catherine's Parade, was given to the local people in memory of Sir Charles Hanson, 1st Baronet of Fowey. The footpath winds down through trees to eventually reveal a glimpse of Readymoney Cove and views of St Catherine's Castle in the distance.



At the bottom of the footpath is Point Neptune House, which overlooks the cove, once home to Daphne du Maurier during the Second World War. Turn right to walk down to Readymoney Cove and take time to enjoy this sheltered beach that lies near the mouth of the Fowey River.

If you are feeling adventurous, you can take a detour up to St. Catherine's Castle and enjoy the stunning panoramic views of Fowey and Polruan. The castle can be reached either by a direct footpath from the beach (only open during the summer) or via the Saints Way path (past Catherine's Cottage).

If you have taken the Saints Way, where you see a fork in the path and a National Trust sign for Covington Woods, turn left and continue until you reach a granite sign on the footpath for the Gribbin Head. The Castle is a short distance on the left, but be warned it is in poor repair having been built in 1536 by Henry VIII to repel Spanish raids, now over 470 years old!

EA01

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Discover St Austell without the car!



Once you have finished exploring the Castle, enjoying the views or relaxing on the beach, take the gentle stroll into Fowey via Esplanade Road. On route you will notice just past Fowey Hotel a turning on the right hand side that leads down to what looks like a large red firework. This is a navigational aid, bought second hand in 1904 by the Fowey Harbour Commissioners and is still used today for the safe passage of ships leaving or entering the harbour. It is also the location in which to catch the ferry over to the idyllic fishing village of Polruan.

Continue along Esplanade Road to reach Fowey town centre, where you can explore the shops and galleries, many exhibiting local works. Here you will find a selection of refreshments, whether you want a pint, cream tea, fish and chips or a gourmet dinner! Once you have finished exploring Fowey and are ready to return to the bus station, make your way to the Tourist Information Centre in front of the church. Here you can take the Shuttle Bus anywhere in Fowey or walk up the footpath to the left of the church and walk and up the hill to eventually reach the Safe Harbour Inn and Bus Shelter on Lostwithiel Street, where you can catch the 524 Western Greyhound back to St Austell.

However, if you have a 'First' bus ticket turn left at the pub to walk up to New Hill Road where you will see a brown tourist sign for Catherine's Castle. Here turn left onto Hanson Drive where you can catch the Number 25 'First' bus back to St Austell.

Ready Money Cove & Catherine's Castle to Fowey

This delightful walk is a good one for all the family, only 2 miles long including the detour up to Catherine's Castle. From St Austell Bus Station take either the Number 25 'First' bus or the Number 524 'Western Greyhound' to Fowey. Ask the bus driver to drop you off at Polvillion Road opposite the colourful bus shelter near Lankelly lane. The bus shelter is decorated every few months by the owner of Pinky Murphy's Cafe on North Street in the town centre of Fowey, which is just as quirky and well worth a visit!



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